

## Have your **FREE NHS Health Check!**

The Chamber Health team will be in The Green Room,  
Salisbury Gardens on Thursday 20th September  
2018 between 10.30am - 2.15pm

Come and meet the Chamber Health team!



### FREE NHS Health Check for 40-74 year olds

You must:

Be living or working on the Island

Not have received an NHS health check in the past 5 years

Not be on medication for high blood pressure, cholesterol, heart conditions, atrial fibrillation, stroke, kidney disease or diabetes

You can choose to either drop-in on the day or book a timeslot in advance by calling us on 554545